

When it does arrives again (and you are ready to use the TPR) you can say:  
"Father, I give Your Spirit **PERMISSION** to remove my tension. Thank you for giving me Jesus' peace."

I also highly recommend that you **NOW GIVE** Father and Jesus **PERMISSION to have Holy Spirit REMIND YOU** to use TPR **the next time** you have tension.

"Father, I give Your Spirit permission to remind me to use TPR the next time I have tension. Thank You."

I hope your curiosity is up a notch or two because there is more "ART" to share that is just as practical and can bring you increased "Better Living."

TPR Associate who introduced you to The Permission Response is just steps ahead in learning the "ART" in "The ART of Better Living" curriculum. Both of you are now **Royal View Thinking Associates**. Do invite him or her to mentor you. Through this Holy Spirit will speed your understanding of TPR and additional benefits that can be yours.

Name of your RVTA \_\_\_\_\_  
Phone \_\_\_\_\_

"Do you know any effective way to deal with worry and anxiety?"

I gave them my name and phone number. Y N

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**In Experience Description Guide 2  
we will look at some  
of the objective reasons the  
Permission Response  
eliminates tension.**

# The ART of Better Living

## CURRICULUM

### THE COURSE ROYAL VIEW

Permission Response  
Experiments  
Stage 2

## Could It Have Been A Fluke

"I've tried everything  
tension. Nothing  
I have heard

by: educated  
individuals  
and those  
with little  
education.

Old and young.  
Male and female.  
Single and married.  
Wealthy and poor.  
None Christian and Christian.

in dealing with  
works!" is the lament  
time and again

Experience  
Description  
Guide 1

When asked, "Do you know how to effectively control tension?" individuals just roll their eyes with that "you know better than to ask that" "yeh, I-wish-I- did-know-something," look.

There are small group of individuals that have attended management classes, such as anger management. Yet, the success rate of these classes is typically and unfortunately, only in the upper single digit range. However, even these individuals do not learn an effective method for worry. Those two groups represent about 98% of people I meet.

The sales records of drug manufacturing company's indicate tension has reached epidemic proportions. The figures? Annual sales of pharmaceutical uppers and downers runs in the billions of dollars.

Our attention now is turned to you. Recently, bothersome tension pestered you AGAIN. However, this time someone recommended you try an experiment with the word PERMISSION. They said when they give God PERMISSION to take their tension, peace instantly eliminates it. (as have other individuals for more than 40 years).

You agreed to an experiment. And, with no more effort than giving permission, your tension ... , well, ...?

An experiment, to be scientific and proven correct:

- ❖ Must have exact steps to follow to get a stated result,
- ❖ Must be steps that others can duplicate,
- ❖ Must produce the same results for each individual who tries the experiment.

So ... ,

You were experiencing tension and knew no way to eliminate it. You agreed to try an experiment with the word PERMISSION as the key different word:  
"Father, I give Holy Spirit **PERMISSION** to take my tension. Thank You for giving me Jesus' peace."

The following questions will help determine the results of your experiment.

What did you gain from your first experiment?

- ❖ Nothing happened. Y N
- ❖ Loss of tension. Instant replacement with peace.

Additional  
+ Texts -  
For/Against

- Amazement. Joy. Hope for the future. Y N
- ❖ It seems to me, this "Permission Response" thing is, ... well, ... I have questions. However, I think I will check it out. Y N (Use the "Additional Text" columns on the right to note your thoughts. Send me all the questions your experience and these guides seem not to adequately answer. Divinity will use them as opportunities to teach more).
  - ❖ The results were, Neat. Awesome. Incredible. Y N
  - ❖ Is the Permission Response experiment valuable enough to experiment with again. Y N
  - ❖ Would you say it was a remarkable event (considering you have long wished for an effective way to deal with tension) to have someone enter your life with such an easy to use suggestion. Y N

### Hang on though!

Maybe it just seemed that your tension left.

- Maybe it didn't.
- Possibly you innocently thought it worked.
- Maybe you mistook feeling good about helping the individual feel good when you tried their suggestion?
- "Is it for real?" asks the rational, questioning part of your brain.

And, why does it question?

- Well, how often in your lifetime has tension disappeared from some conscious step you took?
- How can your mind not wonder how something could show up now, be so successfully fast acting and yet so simple and easy?

"Could it have been a fluke? Well, I don't know. Sure would be great if ... !"

Is it worth experimenting with further?

Definitely \_\_ Possibly \_\_ No \_\_."

Whatever your conclusion, The Permission Response (TPR) will be ready for your use any time tension attacks.

Additional  
+ Texts -  
For/Against